

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lourens Kamfer**

Has successfully participated & completed the

**15km GoSport Farm Run @ Cowhouse**

held at Cowhouse Market.

**TIME 01:17:24**

**PACE 05:09/km**

**OVERALL 18 of 29**

**GENDER 12 of 17**

**40 - 49 8 of 11**

16 December 2019, Mon

Date



*BoutTime*

Signature

